



CMPH NOW

& forever.....

SMT. CHANDABEN MOHANBHAI PATEL
HOMEOPATHIC MEDICAL COLLEGE, MUMBAI

A Newsletter from Smt. Chandaben Mohanbhai Patel Homeopathic Medical College, Mumbai.

VOLUME 10- ISSUE 11

APRIL—JUNE 2023

PAGE 1

EDITOR IN CHIEF

DR. PARIZAD DAMANIA
(PRINCIPAL)

EDITORIAL CELL

- ◆ DR. PRABHAKAR.Y.DEVADIGA
- ◆ DR. NIMISH V. MEHTA
- ◆ DR. SONAL KOTHARI
- ◆ DR. TANVI CHITRAKATHI
- ◆ DR. DIVYA MENON

MEMBERS

- ◆ ALISHA D'ABREO
- ◆ VINI NANDU

FROM THE DESK OF DR. JAYESH DHINGREJA,
ASST PROF, DEPT OF ORGANON OF MEDICINE AND HOMEOPATHIC PHILOSOPHY

As we embrace the changing seasons, it is very crucial for us to remember the significance of Homeopathy that has stood the test of time. At our esteemed institute, we are privileged to be part of a community that cherishes the art and science of homeopathy. With a deep-rooted belief in the body's inherent ability to heal itself, our college continues to cultivate a new generation of healers who understand the vital connection between mind, body, and spirit.

One of the highlights of the past quarter was the successful completion of Hahnemannian week, initiated by the Department of Organon of Medicine in collaboration with various other departments. Gathering renowned homeopaths, esteemed faculty, and enthusiastic students, the series of seminars provided a platform for intellectual exchange, deepening our understanding of homeopathy's vast potential. From thought-provoking presentations to interactive sessions, attendees were inspired to explore new horizons in the field.

Our institution takes immense pride in the accomplishments of our students, who continue to excel in both academic and extracurricular activities. Our recently concluded and very successful farewell event for our passing out graduates, "Zenith", is a prime example of it. It was a joyous occasion, celebrating the hard work and dedication of our graduates. These remarkable individuals now embark on their professional journeys, equipped with a solid foundation in homeopathy and a commitment to serving their patients with compassion and integrity.

As we move forward, our institution remains committed to excellence in education, research, and community engagement. We strive to equip our students with a solid foundation in homeopathy, ensuring they possess the knowledge, skills, and compassion necessary to make a meaningful impact in the lives of their patients.

As we reflect upon the remarkable accomplishments and growth of our institution, it is with great joy and gratitude that we express our heartfelt appreciation to the dedicated management **Dr. Mohanbhai Patel** (President), **Dr. Asmita Parikh** (Hon. Secretary) and **Dr. Parizad Damania** (Principal) various departments, staff members who form the strong foundation of our institution. It is through these tireless and collective efforts that our institution continues to thrive as a beacon of holistic education and healing.

Web version available on
www.cmphmc.org

Results—Batch –

I BHMS	82.69%
II BHMS	83%
III BHMS	46.15%
IV BHMS	91.86%

World Homoeopathy Day

On 10th April, the World Homeopathy day was celebrated with lighting of the lamp and garlanding of statue of Dr Samuel Hahnemann. Principal, **Dr. Parizad Damania** and

Dr. Prabhakar Devadiga, addressed the gathering of faculty, interns & students.



They urged the future homeopaths to carry forward the legacy of Dr. Hahnemann and take it to greater heights. Students then performed a play depicting the life and journey of Dr. Samuel Hahnemann.

CMP Shines.....

Distinctions - WINTER 2022

Anatomy	2	Practice of Medicine	1
Physiology	2	Repertory	16
Pharmacy	10	Organon (IV BHMS)	3
FMT	8	HMM (IV BHMS)	7
HMM (II BHMS)	2	Community Medicine	1
Organon (II BHMS)	2		

State rank (Summer 2022)

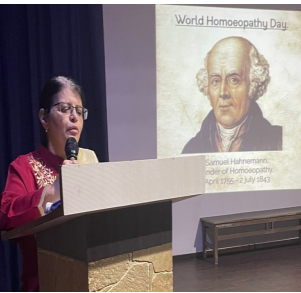
- Ritika Gupta—2nd Rank—I BHMS
- Twinkle Lulla—4th Rank—II BHMS
- Raziya Khan—5th Rank—II BHMS

Subject highest (Summer 2022)

- Ritika Gupta—Pharmacy
- Raziya Khan—Pathology

26th Beacon foundation debate

The 26th Beacon foundation debate was held on 9th April 2023 on the topic ‘Will homoeopathy ever be recognized as a science... if like politics and bollywood, it keeps thriving on perception among the masses and not on performance’. Our students Bilal Shaikh and Chaitali Taneja won the best team prize. Bilal Shaikh was also awarded the prize for Best Speaker. Suhani Ramchandani won the consolation prize



Hahnemann week – Dept. of Organon and Seminar Committee

The Seminar Committee along with Department of Organon of Medicine organized the Hahnemann Week on the occasion of the 268th Birth Anniversary of Dr. Samuel Hahnemann, the founder of Homeopathy. A series of inter-departmental seminar events were held on 10th, 11th, 12th and 13th April, 2023 in which Departments of Materia Medica, Surgery, Gynaecology & Obstetrics and Repertory also contributed as co-organizers.



Principal, **Dr. Parizad Damania** gave the Hahnemann day address with inspiring message related to his zeal and passion.

Dr. Prabhakar Devadiga, HOD, Dept. of Organon of Medicine and Homeopathic Philosophy, made short presentation based on anecdote and quotes from life history of Dr. Hahnemann



Day 1 - The Guest speaker for the day was Dr. Parinaz Humranwala who spoke on “Inspiring cases: Edutainment with Homeopathy”. She explained about various Temperaments and her approach to solving cases, using a temperament filter, in a software version, to select the remedy.



Day 2 - On 11th April Dr Aadil Chimthanawala who has studied homeopathy after completing his post-graduation in cardiology (modern medicine), narrated his experiences about the Scope of Homeopathy in Ishaemic heart disease and other pathological conditions. His engaging and interactive way of talking was reciprocated by the audience.



Day 3 - Dr. Abdequalem Chimthanawala who was the guest speaker on 12th April spoke on ‘The Art of Interpretation and Prescribing.’ He highlighted the importance and application of Keynotes and Bowel Nosodes. His motto, “Homeopathy Never fails – Homeopath may fail” was enlivened by the positive results seen in difficult and incurable cases such as Coma, Gangrene, Hirshprung’s disease, etc



Day 4 - The topic for 13th April “Creating Resonance to the Similar: A phenomenon Life force Centric Approach Vs Remedy Centric – How to integrate the two” was demonstrated by Dr. Jayesh Shah. He talked about integration of “Occult” [diverse dimentions of communication of energies] in medical practice with Homoeopathic system of. He presented a video—case of Rheumatoid Arthritis, showing efficacy of life force centric approach.



Dr. Nimish Mehta as valedictorian, expressed that the presentations and cases reflected the application of Dr Hahnemann’s teachings –the GURU whom we all look upto and draw inspiration for the “GURU-TATVA” from him, passing down through the teachers to younger generation as the guiding light.



CMP FACULTY SHINES.....



- Dr. Prabhakar Devadiga was invited at Dr. M.L. Dhawale Memorial Trust Hospital, Palghar to speak on ‘Role of Homeopathy in Surgical Disorder’ on occasion of World Homeopathy Day on 16th April 2023. The event was attended by PG students and faculty.
- Dr. Sumit Goel’s book “I Wanna Grow Up Once Again’ was published in German, Spanish, Turkish, Italian and French. It also featured in International book fairs in Sharjah and Istanbul.



Visit – Department of Community Medicine

1. Educational Visit to water filtration plant- An educational visit was conducted for IV BHMS students on 24th May, 2023 at Water Purification Plant, Bhandup, Mumbai under the guidance of **Dr. Rupa Rao** and **Dr. Tanvi Chitrakathi**. The students got the opportunity to practically see the various steps of water purification and also testing for portability of drinking water at a large scale.



2. Educational Visit to Kasturba Infectious Hospital– on 24th and 25th April 2023 an Infectious Hospital visit was conducted to Kasturba Hospital for IV BHMS students under the guidance of **Dr. Rupa Rao** and **Dr. Tanvi Chitrakathi**. The students witnessed management of infectious disease in isolation wards, burns wards and hyperbaric oxygen chamber.

Seminar On Digital De-Addiction And Its Management

A workshop on Digital de-addiction was conducted on 14th June 2023 & 21st June 2023 for II BHMS students, interns and teachers. The speaker was our alumnus Dr. Kruti Trivedi Abhyankar from Rotary club (district 3141) who trained the participants with the skills of identifying and management of digital addiction, under Project Log Out (for addiction prevention).



Leadership in Healthcare

A seminar on ‘Leadership in Healthcare’ was conducted on 24th May 2023 by Dr. Crystal Variava. She conducted an introductory session on empowering Healthcare Providers for better patient compliance and outcomes as well as overseeing opportunities.



Seminar on Geriatric Health and Nutrition

Department of Community Medicine and Medicine organized a seminar for interns and IV BHMS students on ‘Geriatric Health and Nutrition’ on 27th June 2023 by Dr Isha Rane and Dr Nisha Patel. The presentation included an overview of the common geriatric health and nutritional issues - its causes, symptomatology, prevention and treatment. It was conducted under the supervision of **Dr. Rupa Rao** and **Dr. Nimesh Shukla**.



Seminar on Nutrition

On 5th April 2023, a session on the ‘Role of Antioxidants in Cooling Inflammation’ was organized with Dr. Shilpa Bansal & **Dr. Silloo Patel** as speakers. Dr. Bansal discussed basic aspects of inflammation followed by various measures to control and reduce it. **Dr. Silloo Patel’s** spoke about the various sources of antioxidants and the mechanism of free radical formation with the importance of antioxidants. The session concluded with felicitation of the speakers by **Dr. Parizad Damania** and vote of thanks by **Dr. Kanika Sabharwal**



Seminar—Department of Surgery

Department of Surgery organized a seminar by on 3rd May 2023 on Vertigo – Mastering the Spin. The speaker, Dr. Bimal Shah interacted with II and III BHMS students and interns as he demonstrated various examination techniques, as well as adaptive and rehabilitative exercises for vertigo. The Principal **Dr. Parizad Damania** felicitated the speaker. **Dr. Amirali Badami** summarized the session and gave the vote of thanks. The event was hosted by **Dr. Pooja Shah**.





Astro homoeopathy – Department of Medicine

A seminar, “Discussion on assignment based study of Astro homeopathy” by Dr. Sakchi Pandey, moderated by **Dr. Nimesh Shukla** was organized by department of Practice Of Medicine & Seminar Committee on 28th June 2023 for teachers, interns & III BHMS students. It was aimed at exploring correlation between homoeopathy and another dynamic science related to human health i.e., astrology. **Dr. Dipika Velkar**, also a JyotishVisharad shared her knowledge and experience.

World Health Day

On occasion of World Health Day on 7th April 2023, Department of Community Medicine organized an awareness talk for the students of IV BHMS. The students were addressed by **Dr. Rupa Rao** and **Dr. Tanvi Chitrakathi** regarding the theme of the current year ‘Health promotion for well-being, equity and sustainable development’.



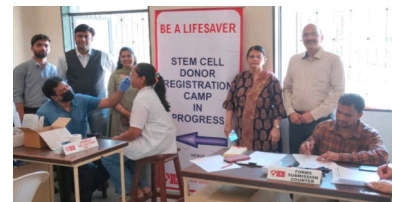
Blood Donation & Thalassemia Screening Camp

Smt. Chandaben Mohanbhai Patel Homoeopathic Medical College in association with The Rotary Club of Bombay West and Department of Materia Medica held a Blood Donation and Thalassemia Screening Camp on 29th May 2023 at Shree Mumbadevi Homoeopathic Hospital. 53 registrations for Thalassemia screening and 36 registrations for blood donation were received.



Marrow Donor Registry Camp

A Marrow Donor registry camp was organized at Shree Mumbadevi Homeopathic Hospital on 19th April 2023 for voluntary enrolment in the marrow register. Dr. Praveen Clement (Transplant co-ordinator) along with **Dr. Rakesh Gupta** & **Dr. Prachi Singh** counselled the donors about the process for marrow donor registration. 98 attendees registered as life-saving donors for cancer patients around the world.



MUHS Foundation Day 2023

On 10th June 2023, Smt. Chandaben Mohanbhai Patel Homeopathic Medical College celebrated MUHS Foundation day to mark its 25th anniversary. The MUHS anthem was played followed by the college anthem. The MUHS flag was hoisted by the Principal **Dr. Parizad Damania**. The event was attended by faculty members and students council.



Tree Plantation

As per guidelines received from MUHS, a Tree Plantation Drive was conducted in the college campus as part of the silver jubilee anniversary celebration of the university. 19 saplings were planted in different parts of the campus



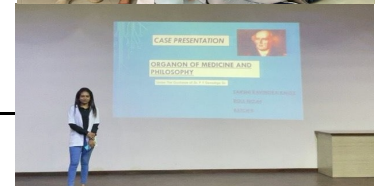
World book day

The World Book and Copyright Day was celebrated on 26th April 2023 (23rd April being a Sunday) by felicitating our teacher authors **Dr. Parizad Damania** (Principal), **Dr. Sumit Goel**, **Dr. Trupti Deorukhkar**, **Dr. Gausia Sayed**, **Dr. Jayesh Dhingreja**, **Dr. Kanika Sabharwal** & **Dr. Divya Menon**. Mr. Omkar Hegde (IV BHMS) was awarded the best library user of the year for referring to the maximum number of books in the Library for the year 2022-23.



Class seminars/ Quiz

Date	Year	Department	Faculty
4 th & 6 th May 2023	IV BHMS	Community Medicine	Dr. Rupa Rao, Dr. Tanvi Chitrakathi
31 st March & 1 st April 2023	III BHMS	Obstetrics and Gynaecology	Dr Trupti M. Deorukhkar, Dr Kanika Sabharwal
19 th & 24 th April 2023	III BHMS	Surgery	Dr. Amirali Badami, Dr. Pooja Shah
24 th April to 6 th May 2023	II BHMS	Organon of Medicine	Dr. Prabhakar Y. Devadiga Dr. Nimish V. Mehta
21 st April to 30 th June 2023	IV BHMS		Dr. Jayesh Dhingreja Dr. Sonali Chhopia



ZENITH– The Farewell Ceremony

The farewell for MILLENNIALS (batch of 2017-23), was organized on 24th June, 2023. Dr. Niyati Naik gave the valedictory speech. The students received certificates and mementos on successful completion of the course. A nostalgic skit depicting the journey of the batch was performed by the students, followed by dance and singing performances. The Millenials took the Hippocratic and Hahnemannian Oath pledging to serve humanity.



International Yoga Day- 2023



The 9th International Day of Yoga, was celebrated on 21st June, 2023 at Smt. Chandaben Mohanbhai Patel Homeopathic Medical College, Mumbai. Our lead Yoga facilitators were Dr. Atul Pednekar, Founder- Director of Yog Psychology Foundation and Mr. Abhishek Chandorker, a Certified Yoga Teacher from the Yog Institute, Mumbai. The event was attended by Principal, **Dr. Parizad Damania**, faculty and students. The event was hosted by **Dr. Dipika Velkar**, who is a certified Yoga teacher. The event began with simple stretching asanas followed by a fun-filled activity called the “Balloon Game”- which tested the lung capacities of the participants. There were 2 volunteers from each class along with teachers who participated in this competition. The participants were also enlightened on how the yoga asanas are inspired by nature and their applications in daily life. This transitioned into a Meditation session. The event was concluded with a Shanti Path and national anthem.



The event was attended by Principal, **Dr. Parizad Damania**, faculty and students. The event was hosted by **Dr. Dipika Velkar**, who is a certified Yoga teacher. The event began with simple stretching asanas followed by a fun-filled activity called the “Balloon Game”- which tested the lung capacities of the participants. There were 2 volunteers from each class along with teachers who participated in this competition. The participants were also enlightened on how the yoga asanas are inspired by nature and their applications in daily life. This transitioned into a Meditation session. The event was concluded with a Shanti Path and national anthem.



Seminar with Batras— Opportunities and Rewards



On 17th April 2023, the Seminar Committee in collaboration with Dr Batra’s academy organized a seminar as a part of career guidance for interns. The session was conducted by Dr. Samir Chaukhar, Dean of Dr. Batra’s Academy, an alumnus of CMP Medical college. The event began with a display of a short film on Dr. Mukesh Batra’s journey with Homeopathy, followed by felicitation of IV BHMS rankers which were as follows .

Gold Scholarship		Silver Scholarship	
Shaikh Saima Anis	Rs. 40,000	Mehta Foram Manish	Rs. 25,000
Naik Niyati Nikunj	RS. 40,000	Rawool Aditi Suryakant	RS. 25,000



Dr. Samir addressed the interns on various avenues in Homeopathy and opportunities at Dr. Batra’s academy



‘How I treat Dyspepsia’ - Dr. Sanjeev Khanna

The Seminar Committee in collaboration with the Department of Practice of Medicine organized a seminar by Dr. Sanjeev Khanna on 17th April 2023. Dr. Khanna spoke on common GI ailments like Functional Dyspepsia, Epigastric Pain Syndrome, Post Prandial Distress Syndrome, PPI (a bane at times and it’s side effects), ALARM symptoms, GERD. IV BHMS students and interns learnt to make an easier diagnosis and management of these cases.



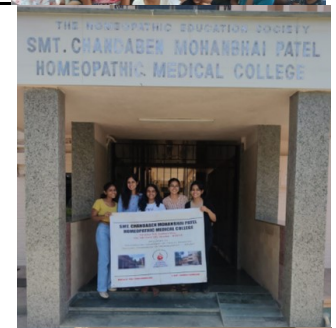
Advanced Multispecialty Hospital in collaboration with CMP Homeopathic Medical College and Shree Mumbadevi Hospital
CAMPS

12 th April 2023	Hahnemann week Celebration in community service	Prem Nagar and St Joseph Church Community centre, Parle West
15 th April 2023	Health Camp	Drona Foundation, Dharavi
15 th April 2023	Obesity Screening Camp	Prem Nagar and St Joseph Church Community centre, Parle West
19 th & 26 th April 2023	Community Service	St Joseph Church Community centre, Parle West
5 th June 2023	World Environment Day- Say No to plastic	Smt. CMP Homeopathic Medical Collge. Mumbai
15 th June 2023	Surat medical health screening awareness for TB	Rameshwar Mahadev Temple, Amroli, Surat
19 th June 2023	Medical camp for workers	Apna Bazar, Andheri West
27 th & 29 th June 2023	Maha arogya Shivir	Pandharpur



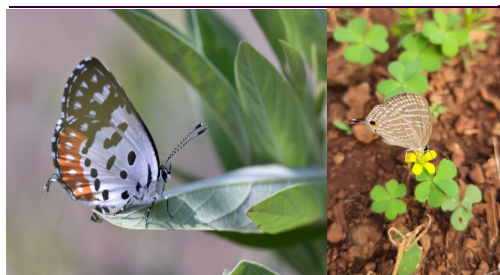
SAY NO TO PLASTIC!

When plastic was first introduced, it was a fantastic innovation. For the changing lifestyle, they promised convenience and ease, which attracted many to use products made from plastics. Benefits pushed our thoughts away from the negative side of plastics and motivated us to use them extensively. Today, they are choking us with their presence and are proven to cause serious health issues. Most plastic wastes find their way to water bodies. Many of them get consumed by animals on land and water. Plastic waste disposal has resulted in a worldwide emergency, necessitating immediate international action. Our future needs less waste. Make the world a beautiful place, start reducing our plastic waste. Homeopaths can take steps to replace plastic bottles and dropper with glass/ silica. On occasion of World Environment Day on 5th June 2023, our students cleared the campus and surroundings of plastic waste and pledged to avoid plastic usage wherever possible.



Upcoming Events:

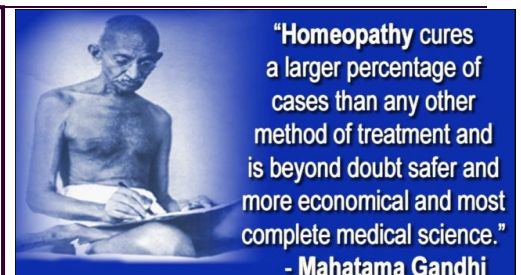
- 1st July 2023—Doctors day/ Guru Poornima Celebration/ Drug Dramatization
- 19th July 2023 - Department of Medicine—Scientific Update on Ozone Therapy—Dr. Mili Shah
- 28th July—Department Of Pathology—World Hepatitis Day
- 1st August 2023—Birthday celebration of **Dr. Mohanbhai Patel**, Hon. President—HES
- 10th August 2023—Vishaka Committee Seminar—on prevention redressal of sexual harassment in workplace
- 15th August 2023—Independence day celebration
- 17th—23rd August 2023—Department Of Anatomy—Organ Donation week



NATURE TRAILS AT CMP..... (Left to Right)

Picture Credits: **Dr. Dipika Velkar**

1. Common Pierrot Butterfly
2. Common Cerulean Butterfly



“Homeopathy cures a larger percentage of cases than any other method of treatment and is beyond doubt safer and more economical and most complete medical science.”
- Mahatma Gandhi

PUBLISHED BY: SMT CMPH MEDICAL COLLEGE, NATAKKAR GADKARI MARG, VILE PARLE(W), MUM – 56.

Email: cmphmc@yahoo.com

Website: <http://www.cmphmc.org>